

SYLLABUS

Avera Education & Staffing Solutions, Yankton, SD, welcomes you to the Avera Dining Assistant On-Line Training Solutions© Program. We value your commitment to learning what it takes to become a Dining Assistant

**Program Contents**

1. Course Overview and Syllabus
2. On-line Modules: include presentations, videos, handouts, and chapter quizzes
3. Final Exam

**Textbook**

Assisted Dining: The Role and Skills of Feeding Assistants, adapted from the American Health Care Association (Authors: Bonnie L. Walker, Ph.D and Claire S. Cole, MA, RN, C)

*Text is not required but may provide additional helpful information to the student.*

**On-Line Program Requirements**

The program will cover the following topics:

- Module 1: What is a Dining Assistant
- Module 2: Importance of Good Nutrition and Hydration
- Module 3: Dining Techniques
- Module 4: Appropriate Response to Resident Behavior
- Module 5: Assisting Residents with Dementia
- Module 6: Responding to Emergencies
- Module 7: Prevention and Control of Infection
- Module 8: Recognizing and Reporting Changes
- Module 9: Communication and Interpersonal Skills
- Module 10: Understanding Residents' Rights

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**On-Line Program Requirements (Continued)**

1. Carefully follow the on-line instructions
2. Complete each Module by viewing the presentation and any videos or handouts included in that module. On-line presentations may take a few moments to load.
3. At the end of each Module, complete the Module Quiz. Quizzes are progressive, therefore students must pass the previous module quiz before being allowed to access the next. You may repeat each quiz as many times as needed to achieve a minimum score of 80%. Be sure to record all scores on the Training Documentation Form.
4. Complete the Final Exam and record the score on the Training Document Form. You may repeat the final exam as many times as needed to achieve a minimum score of 80%.

**Congratulations!**

**You have now completed the required 8 hours of on-line dining assistance training.**

**Clinical Requirements**

Two (2) hours of clinical practice in assisting residents while being precepted by the RN Facility Instructor.

- You must complete a minimum of two hours of dining assistance supervised by a Registered Nurse.
- The RN will complete and return the Facility Return Demonstration Checklist (included on the Training Documentation Form) to Avera Education & Staffing Solutions.

**When all documentation has been received from the facility, AESS will review the form and, if complete, will issue a certificate of completion which is to be maintained in a facility Dining Assistant Training file.**