



GETTING TO KNOW KIDS

We know kids. Our Certified Family Life Educators at Avera McKennan can help you get to know them better, too. Family life education provides insight and information about the typical, but sometimes baffling behaviors and stages of children.

Evening Hot Topics Parenting Classes

- Positive Discipline, Sibling Rivalry, Potty Training and Sleep Issues are just a few topics available.
- Foster parents and childcare providers are welcome and can receive a certificate of attendance.
- Available in select areas outside of Sioux Falls via telemed live interactive video conferencing.

Online Parenting Information

- Developmental newsletters for infants and toddlers.
- Parent information on a variety of early childhood issues including behavior, safety, health and nutrition.
- Visit us at www.AveraChildrens.org and click on "parent resources."

Cooperative Parenting in Divorce

- A unique program designed to assist parents in minimizing the harmful effects of divorce on their children.

Continued

Telephone Consultations

- We can visit with you about a variety of typical early childhood issues.
- Call 605-322-3660.

One-on-One Consultations

- Visit with a Certified Family Life Educator about your parenting questions.

The Temperament Project

- Learning more about your child's unique temperament can assist you in choosing parenting techniques.
- Start by calling 605-322-3662 to receive a temperament profile to fill out.
- Free Temperament Classes.
- This FREE project is sponsored by the Sioux Empire United Way and Avera McKennan.

Let's Talk Puberty Education Program

- Girls ages 10-13 and their parents can learn about the changes of puberty.

Babysitter Training

- Boys and girls ages 10-13 can learn the basics of babysitting.

Children's Tours of the Hospital

- Schools and preschools can take an educational tour of the hospital.

Childcare Training

- Saturday training days for home and center based childcare professionals.
- Customized childcare training presented at your center.

For more parenting information, contact the Family Life Education Office at (605) 322-3660.

Avera 

Children's Hospital & Clinics

(605) 322-KIDS (322-5437)

www.AveraChildrens.org