



## *Employee Assistance Program Staff Roster*

Revised 1/24/12

Mary Wolf, MS, LPC-MH, QMHP, CEAP  
EAP & Outpatient Services Director

*Mary holds a Master of Science degree in Counseling and Human Resource Development from South Dakota State University. She has worked with Behavioral Health Outpatient Services and EAP since 1996. Mary's areas of focus and expertise are with EA programs, workplace issues, and critical incident stress management services.*

Donald D. McCoy, MS, SPHR  
Supervisor, Employee Assistance Program

*Donald graduated from South Dakota State University with a Bachelor of Science degree in Psychology, and from Kansas State University with a Master of Science degree in Industrial and Organizational Psychology. He has extensive experience in human resources, training, education, and strategic planning. Don has also been trained in conflict management skills, HIPAA compliance for employers, and sexual harassment avoidance and complaint investigation. Don is the Employee Assistance Program Supervisor and serves as an EAP Trainer with expertise in the development and presentation of training programs.*

### THERAPISTS

Stacy Gorman, MS, LPC-MH, QMHP, CCDC III, NCC

*Stacy received her Master of Science degree in Counseling and Human Resource Development from South Dakota State University. Stacy is providing EAP and outpatient (mental health and addiction recovery) services with the Avera team. Her areas of focus and expertise are in working with addiction issues and providing therapy for children, adolescents, couples, adults and families.*

James W. Green, CCDC II

*Jim's graduate studies were at South Dakota State University and he has extensive experience working in the addiction field. Jim is currently an addiction specialist and EAP provider with the Avera team. His areas of expertise are in alcohol and drug issues (adolescent and adult) and Jim also serves as a trainer for workplace drug and alcohol issues.*

Tomas Holtberg, MA, LPC-MH

*Tomas earned his Master of Arts degree in Counseling from the University of South Dakota. He is also currently pursuing a Ph.D. in Counseling from the University of South Dakota. Tomas has worked both as an inpatient and outpatient therapist, providing individual, group, and family therapy to children, adolescents, and adults. His areas of clinical experience and interest include disruptive behavior disorders in children and adolescents, as well as anxiety, depression, and family and relationship issues.*

Elizabeth Jensema, MSW, LCSW, CDCT

*Elizabeth graduated from the University of Wisconsin – Milwaukee with a Master of Social Work degree. Elizabeth is providing EAP and outpatient (mental health and addiction recovery) services with the Avera team. She has clinical experience in working with dually diagnosed adults and group counseling. Her areas of interest include working with adults with co-occurring issues, mental health and addiction, and with adults with cognitive impairments/developmental disabilities.*

Benjamin Kohls, MS, LPC, NCC

*Ben graduated from Minnesota State University, Mankato, with a Master of Science degree in Counseling. He is a Board Certified Christian Counselor and is currently pursuing a Ph.D. in Counseling from the University of South Dakota. He has clinical experience as an inpatient and community-based therapist, providing individual, group and family therapy. Ben currently provides EAP and outpatient mental health services. His clinical expertise is in working with issues of defiance and aggression in adolescents, trauma, spiritual concerns, couples and relationship issues, as well as anxiety, depression and men's issues.*

Amanda McKnelly, MS, CCDCIH

*Amanda received her Master of Science in Counseling and Human Resource Development from South Dakota State University. Amanda is providing EAP and outpatient (mental health and addiction recovery) services with the Avera Team. Her focus and expertise are working with addiction issues and providing therapy for adults, adolescents and health professionals.*

Jeri L. Nelson, MSW, CSW-PIP, QMHP

*Jeri graduated from the University of Kansas with a Master of Social Work degree. Jeri is providing outpatient mental health and EAP services for adults, children, and adolescents. Areas of interest include families with addictions, trauma, depression, anxiety, grief and loss, and relationship issues.*

Hiedi L. Roberts, MSW, LCSW

*Hiedi graduated from the University of Iowa with a Master of Social Work degree. She has worked with Avera Behavioral Health as an inpatient and outpatient therapist, providing individual, group and family therapy. Her areas of interest are therapy with children and adults for stress management, building positive relations, depression and anxiety.*

Angela M. Sadowski, MSW, LCSW

*Angela graduated from Newman University, Wichita, Kansas, with a Master of Social Work degree. Angela currently provides EAP and outpatient mental health services. Her areas of experience and interest include working with families, adults, and adolescents with concerns of depression, anxiety, stress management, relationship issues, parenting, domestic abuse, and women's issues.*

Latanda Salmen, MSW, LCSW

*Latanda graduated from Augsburg College with a Master of Social Work degree. Latanda provides EAP and outpatient mental health services. Her areas of clinical experience and interest are depression, anxiety, Post Traumatic Stress Disorder, Attention Deficient/Hyperactivity Disorder, Oppositional Defiant Disorder, self-injury behavior, grief and loss, domestic violence and child abuse.*

Laura A. Schuldt, Ed.S., LPC-MH, RPT-S, NCC, QMHP

*Laura earned a Master of Arts Degree in Counseling from the University of South Dakota and a Specialist Degree in Counseling, with an emphasis in children's mental health and counseling supervision from the University of South Dakota. She works as an outpatient therapist in both the Partial Hospital and outpatient programs. Her areas of interest and expertise include play therapy with children and therapy with adolescents and adults in both group and individual settings. Issues addressed include depression, the search for meaning, anxiety, parent/child relationships, aggressive behavior in children, trauma, and children, adolescents, and adults who engage in self-destructive and self-harm behavior.*

Lana J. Smith, MA, LMFT, QMHP, CCDC III

*Lana received her Master of Arts Degree from the North American Baptist Seminary through the Marriage and Family Therapy program. She worked in the Behavioral Chronic Pain Program at Avera McKennan for over ten years. Lana currently provides EAP and outpatient (mental health and addiction recovery) services. Her clinical expertise is marriage and family therapy, individual therapy, stress management & biofeedback, post-traumatic stress disorder, adjustment issues, sexual abuse and depression.*

Mary Ellen Smith, MS, LPC-MH, NCC

*Mary Ellen received her Master of Science degree in Counseling and Human Resource Development from South Dakota State University. Mary Ellen works as an outpatient therapist in the Partial Hospital, outpatient and Employee Assistance Program. Her areas of focus and expertise are working with eating disorders, depression, anxiety, grief, self-esteem, body image, marital issues, communication and conflict resolution.*