

Karen Kayl

For Karen, finding support with her breast cancer diagnosis was an amazing part of her treatment. "The opportunities that arose to benefit me during my time of need were amazing," says Karen in reference to the wig salon, Cancer Fitness Program, and Time to Heal Support Group. She feels the advice and words of wisdom she was given truly helped her take care of herself. Today, she participates in the Avera Race Against Breast Cancer because as a survivor, she wants to support all the women who have fought against this rampant cancer. "I am alive because of causes like the Avera Race," she adds. "It is through awareness events and fundraisers like this that truly help support breast cancer patients and their families."

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