



Cooperative Parenting and Divorce

Shielding Children from Conflict

This new program teaches parents helpful skills they can use to help their children successfully deal with the emotional stresses that result from divorce. The course focuses on the children, not on the divorcing parents.

Benefits of the Cooperative Parenting and Divorce program:

- Each parent alone or both parents together can learn ways to help their child – the child benefits either way!
- Parents learn that their issues are not the same as their children's issues in a divorce, and that children have real issues!
- Parents learn the importance of treating their co-parent with respect as the child's parent
- Parents learn to look at each situation from the child's point of view so that they can make choices based on the child's best interests, not the parent's need to be right.
- Parents learn ways to take the edge off of their communications with their co-parent.

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Cooperative Parenting and Divorce is an eight week course. Since it is often difficult to arrange to attend 8 weeks in succession, the course has been divided into four week modules. A certificate of completion will be awarded when both four week modules have been completed.

Course Topics:

- Child focus
- Allowing my child to love both parents
- Changing my personal path
- Changing my long-term role
- Managing my own anger
- Taking control of conflict
- Negotiating agreements
- Co-parenting is forever

For scheduling, location, and cost information call **(605) 322-3662** or check the website **www.AveraMcKennon.org** and click on Events Calendar, enter the title Cooperative Parenting and Divorce.

(605) 322-KIDS

www.AveraChildrens.org



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