

# AFTER YOU HAVE YOUR BABY

The below information shows you what to expect during your stay, and when you and your baby can safely go home.

## WHAT TO EXPECT DURING YOUR STAY

- Physical care by your nurse
- Use “Mom is resting, please check with nurse,” sign as needed
- Assistance with feeding your baby
- Pain assessment/management
- Education about caring for yourself and baby.
- Fill out birth certificate forms
- Daily visits from your provider (doctor or midwife)

## WHAT TO EXPECT DURING YOUR BABY’S STAY

- Nursing care
- Screening blood tests
- Hearing screen
- Hepatitis B vaccine
- Daily visits by pediatric or family practice provider
- For some, circumcision
- Education about caring for your baby
- Baby photos online if you wish to share in the miracle of life with friends and family

## WHEN CAN YOU SAFELY GO HOME?

- Your bleeding is normal
- You have no active infection
- Your pain is under control
- Your high-risk complications are under control
- You’ve recovered from surgery enough to eat, drink and walk around
- Your questions about self-care have been answered
- Your follow-up care has been discussed with you

## WHEN CAN YOUR BABY SAFELY GO HOME?

- You and your baby have figured out the basics of feeding
- Your baby has been evaluated for jaundice
- Your baby has normal breathing, urinary/bowel function and temperature
- Your baby has normal lab tests
- Your questions about baby care have been answered
- You have a safe car seat
- Your baby’s follow-up care has been discussed with you