

YOUR PHYSICIAN ORDERS/ SPECIAL INSTRUCTIONS

BREASTFEEDING BABY

Call a Lactation Consultant at Breastfeeding Support Services if your baby is:

- Feeding fewer than 8 times or more than 12 times in a 24 hour period.
- Not latching on and nursing for at least 5 minutes at most feedings, or if latching baby becomes so frustrating for mother or baby that you are wanting to give a bottle.
- Having fewer than 4 wet diapers at 4 days of age. By 5 days, your baby should have 6 to 8 wet diapers and/or 2 to 3 stools.
- Having dark stools at 4 days of age. Stools should look yellow-green or mustard yellow.

BOTTLE FEEDING BABY

- Encourage feeding every 3 to 5 hours for the first few days to ensure adequate nutrition
- Mix only enough formula for each day and keep it refrigerated.
- Pour formula from the can into bottles or a plastic container.
- Do not heat formula in the microwave. Instead, warm the bottle in a cup of warm water.
- Stools will be formed and will be soft, pale-yellow and have a typical stool odor with 5 to 6 per day in the first two weeks, decreasing to 1-2 per day thereafter.

Instructions: Call a physician if your baby becomes jaundiced (skin color yellowish and whites of eyes become yellow); has a temperature of 99.5 degrees Fahrenheit or greater; experiences feeding problems, lethargy (very sleepy); signs of infections from umbilical cord (yellowish drainage, reddened base of cord). Sponge bathe baby until the umbilical cord falls off.

If baby is circumcised, apply Vaseline to the penis for 3 days following the circumcision. The penis may get a yellowish film covering it as it heals. If your physician used a plastibell for the circumcision, Vaseline and gauze are unnecessary after 24 hours of the procedure. The plastibell will fall off after 5 to 8 days. Call your physician if signs and symptoms of infection are present at the circumcision site:

- Redness
- Yellowish drainage
- Fever
- Pain (grimacing, inconsolable, irritable)
- Swelling

Breastfeeding Help—Call Lactation at 605-322-4490 or 605-322-3400
(Avera McKennan Women's Center).

Avera 
McKenna Hospital
& University Health Center

Women's Center