



## **Community Health Needs Assessment Implementation Strategy Report 2022**

### **Organization Mission**

Avera St. Anthony's Hospital is a not-for-profit hospital licensed for 25 acute care and swing beds located in O'Neill Nebraska. The facility is jointly sponsored by the Benedictine Sisters of the Sacred Heart Monastery located in Yankton, South Dakota, and the Presentation Sisters of the Blessed Virgin Mary of Aberdeen, South Dakota. The sole corporate member of Avera St. Anthony's is Avera Health, a South Dakota corporation, whose board of directors is comprised of sisters from the Benedictine and Presentation orders. Avera St. Anthony's local Board of Directors has representatives from both orders, in addition to local community members.

### **Community Served**

Our facility is driven by our commitment to the health and well-being of the community we serve and the creation of continued services to enhance our vision. The defined community service area of Avera St. Anthony's Hospital is Holt County, Nebraska. Specific populations at higher health risk or that have poorer health outcomes were identified in this community as low-income, of Hispanic origin, and the elderly.

### **Implementation Strategy Process**

With the completion of the Community Health Needs Assessment (CHNA) and in conjunction with the North Central District Health Department (NCDHD) and the community focus groups, the health concerns were prioritized and the strategies developed by a core group of hospital administrative members and community partners. The Implementation Strategies were brought before the Avera St. Anthony's Hospital Board of Directors for approval and adoption.

### **Prioritized List of Significant Health Needs Identified in CHNA**

Through the discussion and consensus voting, the following community health priority areas were finalized:

PRIORITY 1: Heart Health  
PRIORITY 2: Mental Health

The impact of addressing these concerns would offer the following:

- Improved access to care management
- Enhanced population health of the community

- Advanced generalizable knowledge of disease process and mental wellness

Resources committed will involve financial support of organizational/activity expense, employee wage, use of medical equipment and clerical items.

### **Significant Health Needs to be Addressed**

The priority areas to be addressed:

#### **PRIORITY 1: Heart Health**

#### **GOAL: PROMOTE SCREENING AND MANAGEMENT OF CHRONIC DISEASE THROUGHOUT THE COMMUNITY SERVICE AREA**

**Action Step 1:** Explore avenues of physical activity within the O'Neill Community

**Action Step 2:** Continue promotion of health maintenance through health screenings and additional options of detection/care management

- KBRX Farm & Home Show – February
- Women's Health Conference – June
- Community Food Pantry – monthly/quarterly

Avera St. Anthony's Hospital will collaborate with NCDHD, KBRX Radio Station, Northeast Community College and applicable Avera Service Lines.

#### **PRIORITY 2: MENTAL HEALTH**

#### **GOAL: PROMOTE AWARENESS OF MENTAL WELLNESS THROUGHOUT THE COMMUNITY SERVICE AREA**

**Action Step 1:** Partner with various community entities/organizations to promote community well-being collaboratives.

- North Central Community Care Partnership (NCCCP)
- O'Neill Ministerial Association (OMA)
- Safe Kids North Central
- Nebraska Children and Families Foundation
- Holt/Boyd Community Connections Collaborative
- Avera "Ask the Question" Suicide Prevention Campaign

**Action Step 2:** Explore options for community education and outreach addressing mental health within Oncology care and support

Avera St. Anthony's Hospital will collaborate with NCDHD, above mentioned community support groups and applicable Avera Service lines.

**Significant Health Needs Not Addressed**

The following health needs/priorities will not be addressed due to either a relative low priority, resource/staff constraints or, because other facilities or educational entities are addressing the issues:

- Increase Mental Health First Aid Training (MHFA) providers in NCDHD district
- Increase training of Mental Health First Aid (MHFA) instructors
- Initiate a Board Certified Behavior Analyst service to the health district

**Conclusion**

The CHNA Report and Implementation Strategies Report will be accessible via the Avera St. Anthony’s Hospital website [avera.org/st-anthonys/](http://avera.org/st-anthonys/) and printed copies made available upon request.

The Strategic Plan of Avera St. Anthony’s is the foundational document guiding our efforts as this plan is driven by our core values of Compassion, Hospitality and Stewardship. The Strategic Plan will hold Avera St. Anthony’s Hospital accountable to the strategies and measures that are applicable to the community needs and action plan steps. The Strategic Plan is updated on a quarterly basis and results are reported by the Hospital Quality Improvement Director to Department Directors, Medical Staff and Board of Directors.

This report was prepared for the September 28, 2022 meeting of the Governing Board.

Avera St. Anthony’s Hospital Governing Board Approval:

Dena Kelly, Chair  
By Name and Title

9/28/2022  
Date

