

Community Health Needs Assessment Implementation Plan Fiscal Year 2022

This Implementation Strategy report summarizes Avera De Smet Memorial Hospital's (Avera De Smet Hospital) plans to address the prioritized needs from the 2022 Community Health Needs Assessment. The hospital recognizes that the Implementation Strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier community in Kingsbury County, SD and the surrounding area.

Avera De Smet Hospital utilized contracted with inHealth Strategies to analyze primary and secondary data, provide technical assistance, and prepare the Community Health Needs Assessment.

The significant needs that were identified and prioritized in the community health needs assessment process: Supporting through education healthy lifestyle choices with a focus on food choices, physical activity, and stress reduction

Healthy Lifestyle Choices:

Goal: Supporting through education healthy lifestyle choices with a focus on food choices, physical activity, and stress reduction.

Partners: *Medical community, community groups, employers, civic leaders, schools, concerned citizens*

- Provide nutrition education to the community through strategic partnerships.
 - Measurement: Number of participants.
- Provide physical activity education to the community through strategic partnerships.
 - Provide annual education on increasing physical activity.
 - Measurement: Number of participants.
 - Encourage campus-wide participation in physical activity challenges through the LiveNow Avera series.
 - Measurement: Number of participants.
- Provide stress reduction education to the community through strategic partnerships.
 - Measurement: Number of participants.
- Develop a business plan to determine the feasibility of developing community partnerships devoted to the common needs of nutrition, activity and stress reduction.
 - Measurement: Business plan completion.

Health needs identified but not selected for focus.

Behavioral Health:

The primary and secondary data indicated behavioral health remains an issue for De Smet.

Avera De Smet Memorial Hospital will continue to advocate for behavioral health resources in the county.

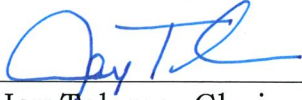
Substance Abuse:

The primary and secondary data indicated substance abuse is an issue for Kingsbury County.

Avera De Smet Memorial Hospital will continue to advocate for substance abuse resources in the community.

Approval:

The Fiscal Year 2022 Community Health Needs Assessment Implementation Plan was presented to and approved by the Avera Queen of Peace Hospital Board of Directors on September 27, 2022.



Jay Tolsma, Chair
Avera Queen of Peace Hospital
Board of Directors

9/27/22

Date