

**Avera Sacred Heart Hospital
Community Health Needs Implementation Plan**

Based on the FY15 community health needs assessment undertaken by Avera Sacred Heart Hospital the focus of the Avera Sacred Heart Hospital community benefit program will be nutrition education, healthy choices, and awareness and to continue to increase care coordination between the hospital and clinical providers in service of our mutual patients and colleagues. The plan was approved by the Avera Sacred Heart Hospital Board of Directors on August 31, 2015.

Goal	Supporting Data	Objectives	Potential Impact
<p>Increase nutrition education, healthy choices, and awareness in the community</p>	<p>23.32% of adults in Yankton County are obese based on a BMI >30 as compared with 28.17% in the State of South Dakota. <small>(Source: Community Commons 2011-2012)</small></p>	<p>By the end of FY16, Avera Sacred Heart Hospital will implement quarterly nutrition education opportunities at various community events such as Ribfest, Riverboat Days, YanktTON challenge, etc.</p>	<p>150-10,000 potential participants depending on the size of the community event.</p> <p>800+ followers of the Avera Sacred Heart Hospital Facebook page.</p> <p>Approximately 14,500 people in Yankton and 22,500 residents in Yankton County.</p> <p>461 Full-time employees and 225 part-time employees with approximately 575 people utilizing the café daily.</p>
	<p>19.1% of K-12 students are obese based on BMI as compared with 16.0% in the State of South Dakota. <small>(Source: SD School Height/Weight Report Region 3 2012-2013)</small></p>	<p>By the end of FY17, Avera Sacred Heart Hospital will provide assistance to local service agencies regarding how to prepare healthy meals with regular staple items. We will provide recipes, cooking tips, etc.</p>	
	<p>77.2% of adults in Yankton County report that they consume fewer than 5 servings of fruits or vegetables per day as compared with 81.7% in the State of South Dakota. <small>(Source: Community Commons 2005-2009)</small></p>	<p>By the end of FY16, Avera Sacred Heart Hospital will post healthy recipes and cooking tips on its Facebook page at least quarterly.</p>	
	<p>South Dakota Good & Healthy Community Checklists score Policy, Regulation, & Environmental Changes from 27% - 43%; education and awareness sections score from 39% - 56%.</p>	<p>By the end of FY17, Avera Sacred Heart Hospital will explore the possibility of hosting a Farmers' Market at the hospital.</p> <p>By the end of FY16, Avera Sacred Heart Hospital will satisfy the requirements of the Good & Healthy SD Vending and Snack Bar grant it was awarded by the State of South Dakota.</p>	

<p>Increase care coordination between the hospital and clinical providers</p>	<p>“Ideal collaboration would span the full breadth of community health care coverage and services. Participants envisioned a collaborative health care system in which institutions, community resources, and physicians not only communicate but work together to provide an all-inclusive experience for patients...Participants recognized that improvement in community health will not occur without collaboration amongst all sectors and it should be initiated by the health care entities themselves.” (Maximizing Excellence, LLC report, p. 6)</p>	<p>In FY16, Avera Sacred Heart will establish a Chief Medical Officer position that will have the primary responsibility of developing and strengthening physician and clinic relationships.</p> <p>By the end of FY16, Avera Sacred Heart Hospital will increase the number of patients with advance directives from 19% to 25%.</p> <p>By the end of FY16, Avera Sacred Heart Hospital will request from and grant access to electronic medical records within the hospital and various local clinics to facilitate a better flow of information for patient care where applicable and when appropriate.</p> <p>Throughout FY 16 and FY17, Avera Sacred Heart Hospital and the OR Taskforce comprised of hospital personnel and local physicians will assess and implement recommended changes to the surgical department from Huron Consulting.</p> <p>By the end FY 17, Avera Sacred Heart Hospital will research the Joint Commission’s certification for integrated care.</p>	<p>Avera Sacred Heart Hospital’s primary service area is Yankton County with 22,500 residents that account for 50% of all discharges; Bon Homme County 9%, Charles Mix County 8%, Clay County 3% and Hutchinson County 3%.</p>
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