

**Resident Care**

1. C. difficile can spread from person to person.
  - a. True
  - b. False
2. People who have decreased sensation or cannot move themselves are at higher risk of pressure injuries.
  - a. True
  - b. False
3. Poor oral health can make medical problems worse.
  - a. True
  - b. False
4. Alcohol-based hand sanitizer kills C. diff bacteria.
  - a. True
  - b. False
5. Urinary incontinence is a normal part of aging.
  - a. True
  - b. False
6. What should be done prior to moving a patient or resident up in bed?
  - a. Make certain resident/patient has had breakfast.
  - b. Make sure resident/patient has non-skid footwear on.
  - c. Wait until it has been at least 3 hours since last repositioning.
  - d. Perform a patient risk assessment.
7. Maslow's Hierarchy of Needs is a theory illustrating that people are motivated by five basic categories of needs including (in reverse order): self-actualization, self-esteem, love, safety and \_\_\_\_\_.
  - a. Philosophical, in other words relating to the understanding of the fundamental nature of knowledge and existence.
  - b. Physiological, in other words, the most basic needs such as food, water, shelter, sleep and sex.
  - c. Intellectual, in other words, challenging problem-solving.
  - d. Materialism, in other words, designer clothes and expensive cars.
8. When entering a resident's room you should do the following except?
  - a. Shout "Hello" at the resident so you are sure they hear you.
  - b. Knock.
  - c. Introduce yourself.
  - d. Use hand hygiene.
9. Reposition residents at least every \_\_\_\_\_ hours or more often as detailed on the care plan.
  - a. 3
  - b. 4
  - c. 2
  - d. 2.5
10. Friction, causing a traumatic skin injury, occurs when?
  - a. Skin is dragged across a surface.
  - b. Two surfaces move in opposite directions.
  - c. A person slides down in bed.
  - d. None of the above.

**2024 Caregiver Continuing Education Quiz –  
Resident Care/Workplace/Health Conditions - Bonus Videos #1-#20**



11. If a person is pushed in a wheelchair, the person should have their feet on wheelchair foot pedals.
  - a. True
  - b. False
12. In prone position, the person lies flat on their back
  - a. True
  - b. False
13. A person should not be in fowler's or high fowler's for more than 30 to 45 minutes.
  - a. True
  - b. False
14. Studies have shown that some healthcare workers only perform hand hygiene half the time that they should.
  - a. True
  - b. False
15. Poor hand hygiene can help spread mild and severe diseases.
  - a. True
  - b. False
16. You do not need to use hand hygiene after touching or opening dresser drawers, as they are considered clean unlike doorknobs and bed rails which are dirty.
  - a. True
  - b. False
17. When exiting a resident's room you should always make sure the call light is within reach of the resident.
  - a. True
  - b. False
18. All skin breakdown, including rashes and any breakdown, must be reported to the nurse.
  - a. True
  - b. False

**Workplace**

1. Being honest and showing appreciation can help foster trust in the workplace.
  - a. True
  - b. False
2. How you choose to respond to a situation can produce an automatic response or you could choose to be responsible by stopping and making a choice.
  - a. True
  - b. False
3. How might you try to jumpstart your mindset in a positive way?
  - a. Exercise.
  - b. Complete the simplest task on your list.
  - c. Take a nap.
  - d. All of the above.

**Health Conditions**

1. Presbyopia refers to the loss of the ability to see far away objects.
  - a. True
  - b. False
2. Shingles is caused by the same virus that causes chickenpox.
  - a. True
  - b. False
3. More than \_\_\_\_\_ in the U.S. have an anxiety disorder. (Select the closest answer.)
  - a. 33 million
  - b. 5 million
  - c. 40 million
  - d. 20 million
4. By 2045, it is estimated that \_\_\_\_\_ million people will have diabetes worldwide.
  - a. 100
  - b. 50
  - c. 300
  - d. 700
5. Angina symptoms in women could be different than the classic symptoms.
  - a. True
  - b. False
6. Type 1 diabetes is the most common accounting for about 65% of cases.
  - a. True
  - b. False
7. Type 2 diabetes is rising in younger people due to rising levels of:
  - a. Factors beyond our control.
  - b. Obesity.
  - c. Physical inactivity.
  - d. Both b and c are correct.
8. A person with rheumatoid arthritis, an auto-immune disease, may encounter these symptoms:
  - a. Morning stiffness lasting less than 30 minutes.
  - b. Deformities of hands and feet.
  - c. Skin redness and inflammation.
  - d. All of the above.
  - e. B & C are correct.
9. Symptoms of diabetes will vary depending on how much the person's blood sugar is elevated.
  - a. True
  - b. False

**Resident Care**

1. a O b O
2. a O b O
3. a O b O
4. a O b O
5. a O b O
6. a O b O c O d O
7. a O b O c O d O
8. a O b O c O d O
9. a O b O c O d O
10. a O b O c O d O
11. a O b O
12. a O b O
13. a O b O
14. a O b O
15. a O b O
16. a O b O
17. a O b O
18. a O b O

**Health Conditions**

1. a O b O
2. a O b O
3. a O b O c O d O
4. a O b O c O d O
5. a O b O
6. a O b O
7. a O b O c O d O
8. a O b O c O d O e O
9. a O b O

**Workplace**

1. a O b O
2. a O b O
3. a O b O c O d O