

WHY IMMUNIZE?



Protect your family: Vaccines give you the power to protect yourself and your family from getting sick.



They protect against serious illnesses such as measles, mumps, tetanus, chicken pox, meningitis and more.



Protect our society: Diseases like polio, diphtheria and rubella are becoming rare due to vaccinations. Until we eliminate disease, it's important to keep immunizing.



The CDC and FDA take many steps to make sure vaccines are very safe. Vaccines have a low risk of adverse outcomes and the benefits greatly outweigh the risk.

Many preventive immunizations are covered 100 percent (at no charge) by most health plans. Check with your health insurance carrier to identify what is covered with your plan.

**Schedule immunizations today.
Learn more at Avera.org/shots**

Avera 

17-PRIM-5527-ML



GIVE IT A SHOT.

Stay up-to-date on immunizations

GIVE IT A SHOT.

Stay up-to-date on immunizations

IMMUNIZATION RECORD, AGES 7-22

Every Year

Flu Shot

Recommended yearly after 6 months of age.

7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22

11-12 years

__ / __ / ____

Meningitis (Meningococcal: MenACWY)

__ / __ / ____

Tetanus, diphtheria and pertussis (Tdap)
Tetanus booster shot every 10 years

__ / __ / ____

Human papillomavirus (HPV)*
prevents cancer
2 doses before age 15

16 years

__ / __ / ____

Meningitis (Meningococcal: MenACWY)

__ / __ / ____

Meningitis (Meningococcal B: MenB)**

22 years

__ / __ / ____

One-time tetanus, diphtheria and pertussis booster (Tdap)

If pregnant

__ / __ / ____

WOMEN ONLY

__ / __ / ____

Tetanus, diphtheria and pertussis (Tdap)
Recommended each pregnancy

__ / __ / ____

__ / __ / ____

__ / __ / ____

The list above shows the recommended age the dose of the vaccination may be given, although some may be given at different ages. Check with your provider.

*If given to ages 15-26: HPV vaccine is given in 3 doses. Get first shot, wait 1-2 months; get second shot, wait 6 months; get third shot.

**Check with your provider to see if the meningitis vaccine is recommended for your child.