

WHY IMMUNIZE?



Protect your family: Vaccines give you the power to protect yourself and your family from getting sick.



They protect against serious illnesses such as measles, mumps, tetanus, chicken pox, meningitis and more.



Protect our society: Diseases like polio, diphtheria and rubella are becoming rare due to vaccinations. Until we eliminate disease, it's important to keep immunizing.



Vaccinations are safe: The CDC and FDA take many steps to make sure vaccines are very safe. The CDC also reports that there is absolutely no link between vaccines and autism.

Schedule immunizations today.
Learn more at Avera.org/shots

Avera 

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GIVE IT A SHOT.

Stay up-to-date on immunizations

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IMMUNIZATION RECORD, AGES 7-22

Every Year

Flu Shot

Recommended yearly after 6 months of age.

7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22

11-12 years

___/___/___

Meningitis (Meningococcal: MenACWY)

___/___/___

Tetanus, diphtheria and pertussis (Tdap)
Tetanus booster shot every 10 years

___/___/___

Human papillomavirus (HPV)*, prevents cancer (1 of 2; *second shot in 6 months*)

___/___/___

Human papillomavirus (HPV), (2 of 2)

16 years

___/___/___

Meningitis (Meningococcal: MenACWY)

22 years

___/___/___

One-time Tetanus, diphtheria and pertussis (Tdap) booster

If pregnant

___/___/___

WOMEN ONLY

___/___/___

Tetanus, diphtheria and pertussis (Tdap)
Recommended each pregnancy

___/___/___

___/___/___

___/___/___

The list above indicates the earliest age the dose of the vaccination may be given, although some may be given at different ages. Check with your provider.

*If administered for ages 15-26: HPV vaccine is given in 3 doses. Get first shot, wait 1-2 months; get second shot, wait 6 months; get third shot.