Date	Breakfast		Lunch		Supper		Bedtime		Other Blood Glucose	Notes Exercise, Illness, Stress, Ketones, etc.
	Insulin	Blood Glucose	Insulin	Blood Glucose	Insulin	Blood Glucose	Insulin	Blood Glucose		

Date	Breakfast		Lunch		Supper		Bedtime		Other Blood Glucose	Notes Exercise, Illness, Stress, Ketones, etc.
	Insulin	Blood Glucose	Insulin	Blood Glucose	Insulin	Blood Glucose	Insulin	Blood Glucose		