

Move Your Health *Forward* with Avera

We've got you covered through every stage of life. See how we connected Ann to the right care and services at Avera and in her community.



Ann has parenting concerns. Her primary care provider refers her to a personal counselor for therapy.

To avoid unnecessary time away from her children, she schedules a virtual visit with a counselor.

She voices her worries about her teenage daughter, which prompts her counselor to connect her to family therapy.



Avera Health Plans alleviates Ann's stress by explaining coverage and payment options.

Family therapy reveals Ann's daughter is struggling with severe depression. Ann calls Behavioral Health Navigation. The navigator suggests she visit Behavioral Health Urgent Care for a level of care assessment.

Behavioral Health Urgent Care

- Open 24/7 for those needing more specialized care
- Behavioral Health Level of Care Assessment
- Comprehensive Crisis Services



Based on your needs, you can move between levels of care — from outpatient counseling to partial hospitalization to inpatient care.

Behavioral Health Urgent Care suggests the partial hospitalization program would be best for her daughter's needs.

Not sure
what level of care or service is needed?
Call Behavioral Health Navigation at 605-322-5142.

Ann and her family are now healing together.

Avera Behavioral Health helps families and individuals heal and keep moving forward.

Avera Moving Health *Forward*.

Learn more about Avera Behavioral Health services at Avera.org/BehavioralHealth.

Note: This is a representation of a patient's possible care connections through Avera and Avera Health Plans.