



Community Health Needs Assessment Implementation Strategy Report 2019

Organization Mission

Avera St. Anthony's Hospital is a not-for-profit hospital licensed for 25 acute care and swing beds located in O'Neill Nebraska. The facility is jointly sponsored by the Benedictine Sisters of the Sacred Heart Monastery located in Yankton, South Dakota, and the Presentation Sisters of the Blessed Virgin Mary of Aberdeen, South Dakota. The sole corporate member of Avera St. Anthony's is Avera Health, a South Dakota corporation, whose board of directors is comprised of sisters from the Benedictine and Presentation orders. Avera St. Anthony's local Board of Directors has representatives from both orders, in addition to local community members.

Mission

Avera is a health ministry rooted in the Gospel. Our mission is to make a positive impact in the lives and health of persons and communities by providing quality services guided by Christian values.

Vision

Working with its partners, Avera shall provide a quality, cost-effective health ministry, which reflects Gospel values. We shall improve the health care of the people we serve through a regionally integrated network of persons and institutions.

Community Served

As indicated in our vision and mission statements, our facility is driven by our commitment to the health and well-being of the community we serve and the creation of continued services to enhance our vision. The defined community service area of Avera St. Anthony's Hospital is Holt County, Nebraska. Specific populations at higher health risk or that have poorer health outcomes were identified in this community as low-income, of Hispanic origin, and the elderly.

Implementation Strategy Process

With the completion of the Community Health Needs Assessment (CHNA) and in conjunction with the North Central District Health Department (NCDHD) and the community focus groups, the health concerns were prioritized and the strategies developed by a core group of hospital administrative members and community partners. The Implementation Strategies were brought before the Avera St. Anthony's Hospital Board of Directors for approval and adoption.

Prioritized List of Significant Health Needs Identified in CHNA

Through the discussion and consensus voting, the following community health priority areas were finalized:

PRIORITY 1: Chronic Disease Detection and Management

PRIORITY 2: Mental Wellness

The impact of addressing these concerns would offer the following:

- Improve access to care management
- Enhance population health of the community
- Advance generalizable knowledge of disease process and mental wellness

Addressing these needs will benefit our community and result in measurable expense to Avera St. Anthony's Hospital.

Resources committed will involve financial support of organizational/activity expense, employee wage, use of medical equipment and clerical items.

Significant Health Needs to be Addressed

The priority areas to be addressed:

PRIORITY 1: CHRONIC DISEASE DETECTION & MANAGEMENT

GOAL: EFFECTIVELY SCREEN AND MANAGE CHRONIC DISEASE THROUGHOUT THE COMMUNITY SERVICE AREA

Action Step 1: Explore feasibility of expanding Social Work support to incorporate a Cancer case management system, child abuse prevention strategies, domestic violence, and Hospice care.

Action Step 2: Continue promotion of health maintenance through health screenings and additional options of detection/care management (Blood Pressure checks, bone density, skin cancer screening).

- Health Fair – April & October
- Farm & Home Show – February
- Women's Health Conference – June
- Community Food Pantry – monthly/quarterly

Action Step 3: Provide support to the community food pantry through financial contribution and physical presence to offer blood pressure screening, mental wellness screening tools, nutrition education.

Action Step 4: Promote dietary education internally and externally of the hospital through provision of calorie counts of food items and nutritional information tools.

Members of Administrative Council/Director of Mission Services will collaborate with NCDHD, KBRX Radio Station, Northeast Community College, United Methodist Church and applicable Avera Service Lines.

PRIORITY 2: MENTAL WELLNESS

GOAL: PROMOTE AWARENESS OF MENTAL WELLNESS THROUGHOUT THE COMMUNITY SERVICE AREA

Action Step 1: Provide support to the Befriend Family mentoring program through financial contribution to maintain coordination and viability of program. Provide program brochure to Medical Staff and clinic waiting areas.

Action Step 2: Partner with North Central District Health Department in suicide prevention initiative through sponsorship of public viewing of Suicide Prevention video "The Ripple Effect".

Action Step 3: Implement Avera suicide staff education, precautions and screening policies in the ED and promote use of Avera Farmer's Stress Hotline resources.

Members of Administrative Council/Director of Mission Services will collaborate with OASIS Counseling, Befriend Family Mentoring, NCDHD and Region 4 Behavioral Health System.

Significant Health Needs Not Addressed

The following health needs/priorities will not be addressed due to either a relative low priority, resource constraints or, because other facilities or educational entities are addressing the issues:

- Resources Across the Lifespan
- Substance Abuse

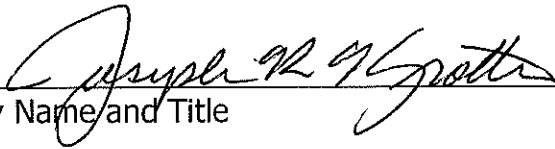
Conclusion

The CHNA Report and Implementation Strategies Report will be accessible via the Avera St. Anthony's Hospital website avera.org/st-anthonys/ and printed copies made available upon request.

The Strategic Plan of Avera St. Anthony's is the foundational document guiding our efforts as this plan is driven by our core values of Compassion, Hospitality and Stewardship. The Strategic Plan will hold Avera St. Anthony's Hospital accountable to the strategies and measures that are applicable to the community needs and action plan steps. The Strategic Plan is updated on a quarterly basis and results are reported by the Hospital Quality Improvement Director to Department Directors, Medical Staff and Board of Directors.

This report was prepared for the September 25, 2019 meeting of the Governing Board.

Avera St. Anthony's Hospital Governing Board Approval:


By Name and Title

9/25/19
Date