

Avera St. Mary's Hospital Implementation Strategy 2019

This Implementation Strategy report summarizes Avera St. Mary's Hospital's (ASM) plans to address the prioritized needs from the 2019 Community Health Needs Assessment. ASM recognizes that the Implementation Strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As ASM moves forward, many resources, on-going commitments and partnerships will be necessary to create a healthier community.

Significant Health Need: Mental Health Concerns

Goal 1: Understand What the Community Needs

Action Step: Conduct a Survey to drill deeper into this issue (access, family support, bullying, suicide/crisis, etc).

Goal—cross section of responses with goal of 400 responses

Responsible—Pierre-Ft. Pierre Mental Health Task Force (ASM leaders facilitate this group)

Timeframe: Complete by 3/1/20

Action Step: Communicate back to the community on the specific needs identified and the plan to address

Goal—2-3 prioritize needs

Responsible—Pierre-Ft. Pierre Mental Health Task Force (ASM leaders facilitate this group)

Timeframe: Complete by 9/1/20

Goal 2: Inventory What is Currently Available in the 3 County Area

Action Step: Request resources from all mental health providers, support groups, State of SD, Counties, Cities, Foundation of Hope, Schools etc

Goal—compile a comprehensive list of resources

Responsible—Pierre-Ft. Pierre Mental Health Task Force (ASM leaders facilitate this group)

Timeframe: Complete by 12/31/19

Action Step: Share information with Helpline 211 to be a central resource

Goal—Comprehensive list of resources readily available to the public

Responsible—Pierre-Ft. Pierre Mental Health Task Force (ASM leaders facilitate this group)

Timeframe: Complete by 1/31/20

Goal 3: Reduce Number of Individuals in Crisis Requiring Hospitalization

Action Step: Support individuals in crisis with Mobile Crisis Response, phone, text, ecare options

Goal—Continue to reduce the number of Emergency Department involuntary referrals and law enforcement transports to an inpatient behavioral health hospital.

Responsible—Capital Area Counseling Service, Avera, Helpline, Crisis Text Line

Timeframe: Ongoing tracking

Significant Health Need: Physical Inactivity

Goal 1: ASM to collaborate with Cities of Pierre and Fort Pierre, State Game Fish and Parks and YMCA on Initiatives to encourage physical activity.

Action Step: Leverage Grants to develop incentive program in conjunction with Avera grants office.

Goal—Establish an incentive for participation in physical activity within the community.

Responsible—Leaders of the various entities including ASM

Timeframe: Complete by 1/1/22

Goal 2: Engage local churches, youth clubs, and service organizations to promote events that have a physical activity component.

Action Step: Compile a list of activities available in the community

Goal—Increased participation in events and develop a regular schedule of activities

Responsible—ASM in conjunction with Pierre Chamber of Commerce Sports and Recreation Committee

Timeframe: Complete by 7/1/20

Significant Health Need: Support for Healthy Eating

Goal 1: Expand Gardening in the Community

Action Step: Engage youth entities, schools, daycare, Cities of Pierre and Ft. Pierre and encourage initiating or expanding gardening. Collaborate with local Master Gardening group for education.

Goal—Increase the opportunities to learn about growing food and increase access to healthy food in the community.

Responsible—Core group of community members interested in promoting healthy eating with ASM as the facilitator of this group.

Timeframe: Initiated by 6/1/20

Goal 2: Community Education on Preparing Healthy Meals

Action Steps: Cooking classes for community and samples in local grocery store. Collaborate with Pierre Public School Culinary Arts 1 class and local chefs.

Goal—Educate community members on healthy recipe options and provide training on food preparation.

Responsible— Core group of community members interested in promoting healthy eating with ASM as the facilitator of this group.

Timeframe: Initiate by 3/1/20

Goal 3: Increase healthier menu options at local restaurants

Action Steps: Engage locally owned restaurants asking that they feature one or more low calorie option or add section to menu with healthier options. Provide support for making this change.

Goal—Two or more local restaurants featuring a low calorie option at each meal or as part of menu.

Responsible— Core group of community members interested in promoting healthy eating with ASM as the facilitator of this group.

Timeframe: Initiated by 3/1/20

Significant needs not addressed

Many issues emerged that were beyond the scope or control of ASM. These will be deferred to the appropriate community organizations. Please find more information below.

Uninsured

- ASM has a charity care and financial assistance programs available and employees help patients explore these options
- The ASM charge master was posted on the website to ensure price transparency
- The Rural Health Care Inc provides care in the region on a sliding fee schedule as a Federally Qualified Health Clinic
- ASM Emergency Department treats all patients regardless of ability to pay

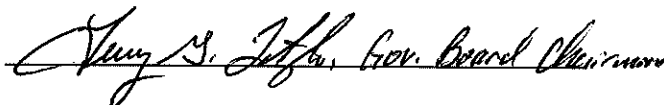
Affordable Housing

- ASM doesn't have the expertise or providers to effectively address the need
- Other organizations are addressing the need
- ASM partners with Pierre Area Referral Services, a local agency that assists with housing
- ASM partners with South Dakota Housing on the local homeless count

Approval

Every three years, the Avera St. Mary's Hospital Governing Board reviews the implementation plan for the Community Health Needs Assessment. This plan was prepared for the October 17, 2019 meeting of the Governing Board.

Avera St. Mary's Hospital Governing Board Approval:


Name and Title

10-17-19

Date