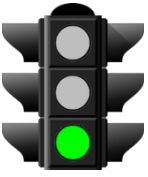




# Rufa kosubura lawetana abedanasi ayineyadamu iteyala koyibiša sau **Avera**

## Tama ayi damanala nakošino?

	<p><b>Jiriga zonala</b></p>  <p><b>Mayidala nakosike</b></p>	<p><b>Fakala zonala</b></p>  <p><b>Tama fada koma keka.</b> Telifona keya: <u>1-877-AT-AVERA</u> (1-877-282-8372)</p>	<p><b>Biba zonala</b></p>  <p><b>Tama fada koma keka!</b> Telifona keya: <u>1-877-AT-AVERA</u> (1-877-282-8372)</p>
Kotikaña ayi damanala ko šino?	<ul style="list-style-type: none"> <li>Dayi šada kotika nayinake.</li> <li>Dayi šanaki kota gonanasi awu sudaba niñinanasi šonasa.</li> </ul>	<ul style="list-style-type: none"> <li>Woyina šamayenikimu 2-3 sate uye fakelayenikimu kosubura kotika kotikaya gosike.</li> <li>Woyina šamayenikimu 2-3 sate uye fakelayenikimu abeda kotika kotikaya gosike.</li> </ul>	<ul style="list-style-type: none"> <li>Kosubura awu laweta šakafowa dikidasi nafonaki nakošima kotokonoma tabilowa isana kaso gosume.</li> <li>šama sata anigudayela kotikaya gosuma: <ul style="list-style-type: none"> <li>Ulaña kato katosuna</li> <li>rufaña tuku tukusunau</li> <li>kotulanikimu adagata hakenanasi</li> <li>šonasani</li> <li>Kokayila anida</li> </ul> </li> <li>Abedana komana kotika kotikayana.</li> </ul>
Woyina kosubura lawetowasi naki gonama anikoradowa isana kaso gosube?	<ul style="list-style-type: none"> <li>Woyina naki gonama sadowa isana kasogosike.</li> </ul>	<ul style="list-style-type: none"> <li>Woyina sunubura lawetowana abedaña anikorada naki gonake išaki lakini isana kaso gosumenide komini kaya gosume.</li> <li>Tamana kosuburaña, sakeda dawuda, awu kayila kotika kotikaya gosike.</li> </ul>	<ul style="list-style-type: none"> <li>Woyina naki gonama anikiradowa nafelana kaso gosume.</li> <li>Woyina okotokonoma gilidowaye tilananasi šonasame.</li> <li>Atamu ayi namanini kogošabeša natakeme.</li> </ul>
Sanañena sudubaña damanana ayila košino awu iken kineno?	<ul style="list-style-type: none"> <li>Mayida niñini gonake.</li> <li>Uyala sate 7-8ta niñinana.</li> <li>Uya kelida ula suñuda naminina.</li> </ul>	<ul style="list-style-type: none"> <li>Suduba mayida niñin goname.</li> <li>Dimala kosubura nakusuburaki atodanikimu taraganana awu fenana.</li> <li>Uya kelida ula suñuda nasana goname.</li> </ul>	<ul style="list-style-type: none"> <li>kotamu karenana.</li> <li>Uye 2 bubiya niñiname.</li> </ul>
<b>Nakotitonasi awu dayišananasi kadadina date:</b>			
kilasola kokošima ka fodowaye dikida.	Mena dikida.	Leleda dikida.	Anana šišime wekeda.
Ulaña dayišadiya kibinima wagala nakošima kokalamu sawaroda.	Dayišadamu hakeda tabila kososona.	Subura kasuburama date talalabu nakutulenasina nabata nafelenasina mina.	Kotinikiša šoda. Urufa kosuburamuna kayilamuna nakodanigalamala ke fakelete fala. (kokalasi kodañete, itaña kete, hakimete, kobina kete, fakeletena). lkedabu kadadinowa sasa.
Dimala kodima atoda ita, taragada mayidinana okatawama ñadana nafoda ka.	Anikoradaña kogošamamu awu aridiyamu nafodaka. Dokoterañate gomato ditamu anikorada ka minichita awu fegedita.	Laweta fakele:	<b>covid-19te kotengenamu kona urufa kosubura gomatasi kosuma telefona seruba: 211</b>