Connected Care in Action

Ever wonder what population health is? What do your health insurance and health care provider have to do with it? Here's an example of how we work together to put your health first.

This is Don. He had a coronary artery bypass graft. His doctor recommended changes to his diet and lifestyle.

Meet Sue. She's a nurse with Avera Health Plans.

Sue called Don to see how he was doing. Don was struggling with the new diet.

He asked for recipe ideas and help with meal planning and preparation.

Don now has what he needs to succeed in his new lifestyle.

Sue set him up with a dietitian and nurse within his network. She helped schedule it the same day as his next appointment to save him a trip.