

Implementation Strategy Action Plan: 2022-2025

Priority 1: Improving the mental health of the community

Goal: Improve access to Mental Health services in Lyon County

Actions	Measureable Outcome	Resources
Pursue funding to purchase telehealth equipment for Avera Medical Group Clinic to provide outreach telehealth for mental health counselling.	Mental Health telehealth to be added to outreach services available to the community	Clinic Manager Providers Care Coordination Discharge Planner
All patients will be screened for depression or mental health care needs.	All clinic and hospital patients will be screened for depression upon admission to facility.	Clinic Manager Director of Nursing Nursing Staff
Lyon County Mental Health Coalition was formed and meets regularly to discuss mental health among school age individuals.	Attend meetings to discuss issues and needs and work comprehensively to address issues and find solutions/resources for mental health among school age individuals.	Lyon County School Officials Director of Nursing Lyon County Public Health Sioux Rivers
Avera Behavioral expanded to the Avera Behavioral Hospital	Added more beds for inpatient needs and increased outpatient therapy and the capabilities for adolescent mental health.	Avera McKennan Director of Nursing

Priority 2: Obesity

Goal: Provide services to promote a Healthy Lifestyle

Action	Measurable Goal	Resources
Collaborate with local grocery store to provide healthy recipes for community members to utilize.	Provide healthy recipes to the community to promote healthy eating and promote weight loss.	Sunshine Manager Food Services Manger Dietician
Provide education to community members to promote healthy eating.	Provide class for patients that are diagnosed as pre-diabetic to teach them appropriate nutrition, portion control,	Diabetic Educator Dietician

	weight loss and disease management to prevent patients from developing diabetes.	
Collaborate with the city of Rock Rapids to provide additional exercise opportunities to its citizens.	Assist with the development of the walking/fitness trail by Avera Merrill Pioneer and promote use by incorporating fitness stations along the trail.	City of Rock Rapids CEO Physical Therapy

Priority 3: Management of Chronic Health Conditions

Goal: Provide preventative care services to promote the health of the community

Action	Measurable Goal	Resources
Improve immunization compliance with patients that utilize our facility.	All clinic patients will be assessed for pneumococcal immunization and influenza or COVID vaccination. Immunization will be offered to patient at yearly appointments.	Providers Clinic Nurses Clinic Manager Pharmacy
Improve management of chronic health conditions.	Reduce 30 day all cause readmission rate. Goal for readmission rate to be less than 7%.	Providers Nursing staff Director of Nursing Pharmacy Clinic Director
Promote completion of preventative health screenings.	Increase the number of patients who complete Planet Heart, Colorectal screenings, annual Mammograms, dexascans, and low dose lung cancer screenings.	Care Coordination Radiology Nursing Staff Clinic Director Director of Nursing

The Avera Merrill Pioneer Hospital Fiscal Year 2022 Implementation Strategy was presented to the Avera Merrill Pioneer Hospital Advisory Board on June 22, 2022 and the Avera McKennan Board of Directors on June 27, 2022. The Boards of Directors reviewed, approved and adopted the report at this meeting respectively.