

Community Health Needs Assessment Implementation Plan Fiscal Year 2022

This Implementation Strategy report summarizes Avera Weskota Memorial Hospital's (Avera Weskota Hospital) plans to address the prioritized needs from the 2022 Community Health Needs Assessment. The hospital recognizes that the Implementation Strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier community in Jerauld County, SD and the surrounding area.

Avera Weskota Hospital utilized contracted with inHealth Strategies to analyze primary and secondary data, provide technical assistance, and prepare the Community Health Needs Assessment.

The significant needs that were identified and prioritized in the community health needs assessment process: Supporting through education healthy lifestyle choices with a focus on food choices, physical activity, and stress reduction

Healthy Lifestyle Choices:

Goal: Supporting through education healthy lifestyle choices with a focus on food choices, physical activity, and stress reduction.

Partners: *Medical community, community groups, employers, civic leaders, schools, concerned citizens*

- Provide nutrition education to the community through strategic partnerships.
 - Provide annual education on healthy nutrition choices.
 - Measurement: Number of participants.
 - Provide financial or like support for programs impacting the nutritional options for the students in the Weskota School District.
 - Measurement: Number of students impacted.

- Provide the physical activity education to the community through strategic partnerships.
 - Organize the annual fun run/walk 5k.
 - Measurement: Number of participants.
 - Encourage campus-wide participation in physical activity challenges through the LiveNow Avera series.
 - Measurement: Number of participants.

- Provide stress reduction education to the community through strategic partnerships.
 - Provide stress reduction education and participation activities.
 - Measurement: Number of participants

- Develop a business plan to determine the feasibility of developing community partnerships devoted to the common needs of nutrition, activity and stress reduction.
 - Measurement: Analysis Complete

Health needs identified but not selected for focus.

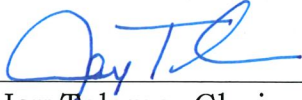
Economic Stress:

The primary and secondary data indicated economic stress an issue for Jerauld County.

Avera Weskota Hospital will not be directly addressing the surfaced issue of economic stress. While the leadership team recognizes that economic stressors exist, the hospital does not have the resources to address the issue raised at this time.

Approval:

The Fiscal Year 2022 Community Health Needs Assessment Implementation Plan was presented to and approved by the Avera Queen of Peace Hospital Board of Directors on September 27, 2022.



Jay Tolsma, Chair
Avera Queen of Peace Hospital
Board of Directors

9/27/22

Date