

Avera St. Mary's Hospital Community Health Needs Assessment Implementation Strategy 2022

This Implementation Strategy report summarizes Avera St. Mary's Hospital's (ASM) plans to address the prioritized needs from the 2022 Community Health Needs Assessment. ASM recognizes the Implementation Strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As ASM moves forward, many resources, on-going commitments and partnerships will be necessary to create a healthier community.

Significant Health Need: Mental Health Concerns

Goal 1: Improved Access to Mental Health Services

Action Step: Pierre-Ft. Pierre Mental Health Task Force to work with Statewide 211 (South Dakota Helpline) to assure that all local resources are listed in this directory and assist with promotion of 211

Action Step: The Pierre-Ft. Pierre Mental Health Task Force to evaluate the feasibility of operating a qualified regional facility in our community.

Resources Committed to Achieve Goal: Staff time, data collection

Collaborations Needed to Achieve Goal: Entities involved with Pierre-Ft. Pierre Mental Health Task Force (mental health counselors, mental health board chair, law enforcement, school districts, city and county governments), State of South Dakota and South Dakota Helpline Center.

Anticipated Impact: Community members realize increased access to mental health services at the time they need it and able to access the services locally.

Goal 2: Reduce Number of Individuals in Crisis Requiring Involuntary Inpatient Behavioral Health Hospitalizations and Law Enforcement Transports

Action Step: Support individuals in crisis with Mobile Crisis Response, phone, text, ecare options

Resources Committed to Achieve Goal: Staff time, data collection

Collaborations Needed to Achieve Goal: Entities involved with Pierre-Ft. Pierre Mental Health Task Force (mental health counselors, mental health board chair, law enforcement, school districts, city and county governments, SD Helpline)

Anticipated Impact: Continued reduction in involuntary hospitalizations

Goal 3: Proactively Address Mental Health Issues in Youth

Action Step: Implementation of Communities That Care (CTC) model in our community to promote healthy youth development, improve youth outcomes and reduce problem behaviors

Resources Committed to Achieve Goal: Staff time, data collection

Collaborations Needed to Achieve Goal: Entities involved with Pierre-Ft. Pierre Mental Health Task Force (mental health counselors, mental health board chair, law enforcement, school districts, city and county governments), State of South Dakota

Anticipated Impact: Outcomes for youth to improve based on state data as well as the CTC survey.

Significant Health Need: Support for Healthy Lifestyle Choices

Goal 1: Available and Affordable Physical Activities

Action Step: ASM to collaborate with Cities of Pierre and Fort Pierre, State Game Fish and Parks and YMCA on initiatives to encourage physical activity.

Action Step: Engage local churches, youth clubs, and service organizations to promote events widely with a physical activity component.

Resources Committed to Achieve Goal: Staff time, data collection

Collaborations Needed to Achieve Goal: City Governments, State of South Dakota, YMCA, local churches, youth clubs and service organizations, Urban Indian Health

Anticipated Impact: Increased accessibility for community members to engage in physical activity.

Goal 2: Support for Healthy Eating

Action Step: Community Education Opportunities on Preparing Healthy Meals

Action Step: Increase healthier menu options at local restaurants by asking that they feature one or more low-calorie option or add a section to menu with healthier options.

Resources Committed to Achieve Goal: Staff time, location to hold sessions

Collaborations Needed to Achieve Goal: high school culinary arts class, locally owned restaurants, local chefs, local grocery stores, Urban Indian Health

Anticipated Impact: Community members more empowered to prepare and order healthy meals

Significant needs not addressed

Several issues emerged that were beyond the scope or control of ASM. These will be deferred to the appropriate community organizations. Please find more information below.

Uninsured

- ASM has a charity care and financial assistance programs available. Access Health provides care in the region on a sliding fee schedule as a Federally Qualified Health Clinic
- ASM Emergency Department treats all patients regardless of ability to pay

Affordable Housing

- ASM doesn't have the expertise or providers to effectively address the need
- ASM partners with Pierre Area Referral Services, a local agency that assists with housing
- ASM partners with South Dakota Housing on the local homeless count

Workforce Shortages

- Nearly all businesses, including ours struggle with this issue
- It is impacting the health of the community in a variety of aspects
- Lack of mental health providers and particularly those for people with lower income

Approval

Every three years, the Avera St. Mary's Hospital Governing Board reviews the implementation plan for the Community Health Needs Assessment. This plan was prepared for the October 20, 2022 meeting of the Governing Board.

Avera St. Mary's Hospital Governing Board Approval:

Weisgram, Board Chair
Name and Title

10.20.2022
Date